

Me and my body

1) Body Vocabulary – identify these parts of the body. Label them onto the images provided.

hair – eyebrow – cheek – eyelid – nostril – mouth – teeth – gums – shins – tongue - lips – chin – skin – neck - eye – throat - ears - nose - knuckles – earlobes – head - face – shoulders - wrist - elbow - shoulder blades – arms - hands - cuticles – fist - fingers – thumbs – backbone – back – fingernails – palm - bottom – heel - breast – eyelash – tummy – knees – thighs – feet – chest – instep – toes – ankle – backside

2) Health Vocabulary – find out the meaning of the following vocab. and expressions

- to be in good health / bad or poor health
- to be on sick leave
- to seek medical help / advice
- a check-up
- to take preventive measures
- to call for a doctor
- to send for the doctor
- on/off duty
- a surgery
- a General Practitioner (a GP)
- a paediatrician / a dermatologist / a gynaecologist / a neurologist / an ophthalmologist /an acupuncturist / a homeopath / a heart specialist / a cancer specialist
- to take s.o.'s blood pressure
- to feel s.o.'s pulse
- to sound s.o.'s chest
- to diagnose
- a prescription / a blood test / a blood group / a sample / an intravenous injection
- to be admitted to hospital
- a health centre / a private hospital / a ward / an emergency / first aid
- a stretcher
- a nurse / the nursing staff / a nursing auxiliary
- to catch a disease
- fatal / to fall ill / a germ / a virus / an epidemic
- to be triggered by
- be immune from
- a vaccine / to vaccinate
- to be laid up / to be bedridden / to be paralysed / to have palpitations / to feel giddy / to faint
- to feel feverish / to have a temperature / to have hot flushes
- an upset stomach / to feel sick / to vomit / to throw up **
- to have a runny nose / to have a stuffed nose / to blow your nose / to cough / to sneeze / to sniff
- to catch a cold / a sore throat / to be hoarse
- to have a head-ache / a stomach-ache
- to itch
- measles / German measles / scarlet fever / chicken pox / smallpox / whooping cough
- an ear infection / diarrhoea / constipation / a skin disease/ a venereal disease (VD) / a sexually transmitted disease (STD)
- painful / to writhe with pain / a throbbing pain / excruciating pain /
- bearable – unbearable
- curable – incurable
- It hurts !!
- He's at death's door
- You'll catch your death.

